

P24223.S02

S 1013/US

ABSTRACT OF THE DISCLOSURE

A gliding or rolling board, having, in height, a first reinforcement, a second reinforcement, and a core located between the reinforcements. The core has a matrix made from a filler material, at least one insert being housed in the matrix, the insert having at least one mechanical property greater than that of the matrix, which property can be the tensile strength or the like.